



Self-Care and Preparing for Behaviors After COVID:

This training starts by applying the same healing tools we use for children's behaviors on ourselves. We will envision ways to meet your needs and increase your own sense of safety with yourself before doing the same with children.

When:

Wednesday June 24th 12noon – 3pm

"THIS TRAINING IS AWAITING APPROVAL
FOR STARS CREDIT"

Register here:

<https://www.eventbrite.com/e/self-care-and-preparing-for-behaviors-after-covid-tickets-109835214082>

Presenter: Betty Peralta, MIT, MSc, IMH-E® (III)

trains on an anti-biased, trauma-healing, neurodevelopmental approach to children's behaviors. She is Parenting Coach at Broadview Emergency Shelter, Parent Educator for cooperative preschools, Infant Mental Health Reflective Consultant for home visitors, and Adult-Child Interaction Specialist in her practice, ALTA: Alternative Learning and Therapeutic Avenues. A full description of her background and philosophy can be found at

www.altavenues.com/betty-peralta

Note: "If providers pre-register by Sunday June 21st they will receive a free set of books"