

You are important  
in the life of a child!



Contact the Family, Friend  
& Neighbor Program  
for useful resources and ideas:

- ✦ Find free, drop-in Play & Learn groups in your language at our website.
- ✦ Get free Activity Cards to help you and the child enjoy everyday activities together.
- ✦ Learn about child development, behavior, health, and safety.
- ✦ See how getting ready for school starts as soon as a child is born.
- ✦ Go to workshops for great ideas about caring for children.
- ✦ Be supported if you want to become a licensed child care provider.

(206) 329-5544

(253) 852-3080

(425) 865-9350

TTY (206) 461-4571

Email [ccr@childcare.org](mailto:ccr@childcare.org)

[www.childcare.org](http://www.childcare.org)



Are you taking care of  
your grandbabies, nieces,  
nephews or cousins?

Do you help take care of  
a friend's child?

# Children are learning every day, all day...wherever they are.

As soon as babies enter the world they begin to learn.

When you talk, sing or play with a baby or child you are helping her brain to grow.

Young children use all their senses to learn about the world — hearing, seeing, touching, tasting, and smelling.

They continue to learn through everyday activities and relationships.



Parents want their children to be cared for by someone they trust, someone who knows and loves their child.

Grandparents, aunts, uncles, big brothers and sisters, close family friends—all the important adults in a child's life—help parents keep their children safe and secure.

The best care comes from loving and nurturing caregivers like you.



Babies and children thrive when they...

- + are safe
- + are loved
- + dance and sing
- + learn to try new things
- + discover, explore, and play
- + learn how to get along with others

By giving a child a good start, you are giving him a foundation for success in school and in life.

What you can do at home every day:

Read, talk, sing, and tell stories.

Talk about things you do and see.

Go outside, take a walk.

Do things together—cook, garden, fold laundry, feed a pet.

Talk with the child's parents about your day together.

What you can do in your neighborhood:

Bring a child to a Play & Learn group. You will meet other adults and children and have lots of fun.

Visit story time at your local library.

Ask for information at your community center or family resource center.

Share this information with people you know who are taking care of babies and children.

