



**SPONSORED BY
YOUR LOCAL
YWCA ASSOCIATION**

**PLEDGE AGAINST
RACISM**

As an individual committed
to social justice,

I stand with the YWCA against
racism and discrimination
of any kind.

I will commit to a lifetime of
promoting peace, justice,
freedom, and dignity

for all people in my community
and in the world.

**Learn more at
StandAgainstRacism.org**

What You Can Do to Combat Racism

- Learn about your family's ethnic background
- Find out if your family name was ever changed
- Notice what ethnic groups are missing from your workplace, your neighborhood, church, and social groups
- Become aware of what assumptions you may have about other ethnic groups. Make a list of them and commit yourself to counteract or unlearn them
- Speak up when you hear someone make a racist remark
- Get to know co-workers of different ethnic groups
- Form a lunch group at work that meets on a regular schedule to talk about racism
- Read magazines that are directed at ethnic groups other than your own
- Read books written about race and ethnicity in our country to broaden your understanding
- Learn about the histories of other ethnic groups in the United States
- Think about why people find it so difficult to talk about racism in an ethnically mixed group
- Discuss this with others of your own ethnicity and those who are ethnically different
- Notice how people avoid talking about differences. Think about what this avoidance creates. What does it mean to be different in your community? Talk about this
- Find others who are taking active steps to combat racism and become their ally

www.StandAgainstRacism.org